

THE SHARE TABLE



Department of Food and Nutrition
Eating Healthy Every Day!



HOW IT WORKS:

Students may place certain uneaten food items from their cafeteria meal on the table.
Students may choose food items from the table at no cost.

FOOD ALLOWED: *ALL share table items MUST be UNOPENED*

Packaged Food ✓

Craisins, Cereal Bars, Cereal Boxes, Crackers, Pita Chips

Whole fruits that need to be peeled AND those that are pre-wrapped ✓

Apples, Pears, Oranges, Bananas



FOOD NOT ALLOWED:

Food brought from home ✗

Hot & Cold Food ✗

Unpackaged fruits and vegetables with edible peels ✗

Apple slices, Grapes

Fruit cups that aren't commercially packaged ✗

Food that's been partially eaten or opened ✗



This institution is an equal opportunity provider.