

On-Site “hot” Breakfast & Lunch Cycle 1 Menus

Week 1 (6/10, 6/24, 7/08, 7/22) All items must be offered as listed on the menu day:

BREAKFAST ENTRÉE (MONDAY – FRIDAY): Offer a minimum of 3 of the following choices daily: Scrambled Eggs, Turkey Bacon, Sausage Links, Chicken Patty, Pancake, Waffle, Toast, Elfin Loaf, Cereal, Oatmeal, Grits	FRUIT/VEGETABLE 100% Fruit Juice & Assorted Fresh Fruit	DAIRY 1% white & fat free chocolate milk
LUNCH ENTRÉE MEAT/MEAT ALTERNATE & GRAINS	FRUIT/VEGETABLE	DAIRY
<ul style="list-style-type: none"> • MONDAY-Hamburger (2 oz. M/MA) on Whole Grain Bun (2 oz. Grain) *ketchup & mustard packet 	<ul style="list-style-type: none"> • Seasoned Curly Fries (1/2 cup= 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)
<ul style="list-style-type: none"> • TUESDAY- Hot Turkey (1 oz. M/MA)/ Cheese (1 oz. M/MA)/ Bacon on Whole Grain Croissant (2 oz. Grain) w/ Baked Potato Chips (1 oz. Grain) *mayo & mustard packet 	<ul style="list-style-type: none"> • Baby Carrots (1/2 cup = 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)
<ul style="list-style-type: none"> • WEDNESDAY- Asian Chicken (2 oz. M/MA) & Brown Rice (2 oz. Grain) *Chik’n Dippin Sauce 	<ul style="list-style-type: none"> • Black Beans (1/2 cup = 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)
<ul style="list-style-type: none"> • THURSDAY- Hot Grilled Cheese (2 oz. M/MA) sandwich on Whole Grain Bread (2 slices = 2 oz. Grain) 	<ul style="list-style-type: none"> • Celery Sticks & Ranch Dressing (1/2 cup = 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)
<ul style="list-style-type: none"> • FRIDAY- WG Cheese Pizza (2 oz. M/MA & 2 oz. Grain) & Animal Shaped Crackers (1 oz. Grain) 	<ul style="list-style-type: none"> • Broccoli (1/2 cup = 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf> from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

<small>mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410</small>	<small>fax: (833) 256-1665 or (202) 690-7442; or</small>	<small>email: program.intake@usda.gov</small>
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This institution is an equal opportunity provider.

On-Site “hot” Breakfast & Lunch Cycle 2 Menus

Week 2—(6/17, 7/1, 7/15, 7/29) All items must be offered as listed on the menu day:

BREAKFAST ENTRÉE (MONDAY – FRIDAY): Offer a minimum of 3 of the following choices daily: Scrambled Eggs, Turkey Bacon, Sausage Links, Chicken Patty, Pancake, Waffle, Toast, Elfin Loaf, Cereal, Oatmeal, Grits	FRUIT/VEGETABLE 100% Fruit Juice & Assorted Fresh Fruit	DAIRY 1% white & fat free chocolate milk
LUNCH ENTRÉE MEAT/MEAT ALTERNATE & GRAINS	FRUIT/VEGETABLE	DAIRY
<ul style="list-style-type: none"> • MONDAY- Chicken Tenders (2 oz.= 2M/MA & 2 oz. G) *Chik’nDippin Sauce 	<ul style="list-style-type: none"> • Sweet Potato Wedges (1/2 cup = 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)
<ul style="list-style-type: none"> • TUESDAY- Pizza Sticks (2 oz. M/MA & 2 oz. G) w/ Marinara Sauce Cup (1/2 cup = 1V) 	<ul style="list-style-type: none"> • Celery Sticks & Ranch Dressing (1/2 cup = 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)
<ul style="list-style-type: none"> • WEDNESDAY- Turkey Trio (2 oz. M/MA) sandwich on Whole Grain Hoagie Bun (2 oz. G) & Baked Tortilla Chips (1 oz. G) & Tomato Salsa Cup (1/2 cup = 1 V)*mayo & mustard packet 	<ul style="list-style-type: none"> • 3- Bean Chili (1/2 cup = 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)
<ul style="list-style-type: none"> • THURSDAY- Breaded Chicken Sandwich on WG Bun (2 oz. M/MA & 2 oz. G) 	<ul style="list-style-type: none"> • Seasoned Curly Fries (1/2 cup= 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)
<ul style="list-style-type: none"> • FRIDAY- WG Cheese Pizza (2 oz. M/MA & 2 oz. G) & Animal Shaped Crackers (1 oz. G) 	<ul style="list-style-type: none"> • Broccoli (1/2 cup = 1 V) • Assorted Fruit (1/2 cup = 1 F) 	<ul style="list-style-type: none"> • 1% white & fat free chocolate milk (8 oz. = 1 D)

Non-Discrimination Clause
 In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf> from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

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