



Back-to-School Resources for Families

Back-to-School Tips from the American Academy of Pediatrics

English: https://www.healthychildren.org/English/ages-stages/gradeschool/school/Pages/Back-to-School-Tips.aspx

Español: https://www.healthychildren.org/spanish/ages-stages/gradeschool/school/paginas/back-to-school-tips.aspx

Child Mind Institute - English Back to School Tips for Parents:

<u>childmind.org/article/helping-children-with-special-needs-go-back-to-school/</u>

Back-to-School Tips for Kids Who Are Struggling:

https://childmind.org/article/back-to-school-tips-for-kids-who-are-struggling/

Helping Kids Back into the School Routine:

https://childmind.org/article/helping-kids-back-school-routine/

Child Mind Institute - Recursos en español

El aprendizaje: https://childmind.org/recursos-en-espanol/

Edutopia - Back-to-School Resources for Parents

https://www.edutopia.org/article/back-to-school-resources-parents

Centers for Disease Control and Prevention (CDC)

Back to School Resources for Parents:

https://www.cdc.gov/features/back-to-school/index.html

Kids Health - Nemours

Back to School

English: kidshealth.org/en/parents/back-school.html

Español: https://kidshealth.org/es/parents/positive-esp/?WT.ac=es-p-spanish-

center-esp-d

Colorin Colorado - Parent Tips: Back-to-School

English: colorincolorado.org/parent-tips-back-school

Español: https://www.colorincolorado.org/es/families/%C3%A9xito-

escolar/consejos-para-padres-el-regreso-la-escuela

Reading Rockets - Back-to-School Tips for Parents of Children with Special Needs readingrockets.org/article/back-school-tips-parents-children-special-needs

Scholastic - Ages & Stages: How Children Adjust to School in Grades PreK-K https://www.scholastic.com/teachers/articles/teaching-content/ages-stages-how-children-adjust-school/

Scholastic Parents - 10 Ways to Make the Switch from Summer to School https://www.scholastic.com/parents/school-success/school-life/back-to-school/10-ways-to-make-switch-summer-to-school.html

Great Schools - School life

English: https://www.greatschools.org/gk/category/school-life/

Español: https://www.greatschools.org/gk/category/vida-escolar/?lang=es

Grow by Web MD - 5 Tips to Get Your Kids Up for School https://www.webmd.com/parenting/features/get-kids-up-for-school#1



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